



## PE progression of skills - GAMES



We aspire for all at Parsonage Farm to feel valued and cared for, to have a continued excitement for learning, ensuring success as they journey onwards.



Year group	Subject area	Striking and hitting a ball	Throwing and catching a ball	Travelling with a ball	Passing a ball	Using space	Attacking and defending	Tactics and rules	Compete /Perform
↓	→								
<b>Nursery</b>		Push and pull a ball			Kick an object	Explore the outside space safely	Circle games e.g. duck, duck, goose.		
<b>Reception</b>		Hit a ball with a bat or a racquet	Roll equipment in different ways.  Throw underarm.  Throw an object at a target.  Catch equipment using two hands	Move a ball in different ways, including bouncing and kicking.  Use equipment to control a ball.	Kick an object at a target.	Move safely around the space and equipment.  Travel in different ways, including sideways and backwards.	Play a range of chasing games	Follow simple rules.	Control my body when performing a sequence of movements.  Participate in simple games.
<b>Year 1</b>		Use hitting skills in a game.  Practise basic striking, sending and receiving	Throw underarm and overarm.  Catch and bounce a ball.  Use rolling skills in a game.  Practise accurate throwing and consistent catching.	Travel with a ball in different ways.  Travel with a ball in different directions (side to side, forwards and backwards) with control and fluency.	Pass the ball to another player in a game. Use kicking skills in a game.	Use different ways of travelling in different directions or pathways.  Run at different speeds.  Begin to use space in a game.	Begin to use the terms attacking and defending.  Use simple defensive skills such as marking a player or defending a space. Use simple attacking skills such as dodging to get past a defender.	Follow simple rules to play games, including team games. Use simple attacking skills such as dodging to get past a defender.  Use simple defensive skills such as marking a player or defending a space.	Perform using a range of actions and body parts with some coordination.  Begin to perform learnt skills with some control.  Engage in competitive activities and team games.

Year 2	Strike or hit a ball with increasing control.	Throw different types of equipment in different ways, for accuracy and distance.	Bounce and kick a ball whilst moving.	Can pass the ball in different ways.	Use different ways of travelling in different directions or pathways.	Use at least one technique to attack or defend to play a game successfully.	Explain the importance of rules in games.	Perform sequences of their own composition with coordination.
	Position the body to strike a ball.	Throw, catch and bounce a ball with a partner.  Use throwing and catching skills in a game.  Throw a ball for distance.  Use hand-eye coordination to control a ball. Vary types of throw used.	Use kicking skills in a game.  Use dribbling skills in a game.		Run at different speeds.  Begin to use space in a game.		Use at least one technique to attack or defend to play a game successfully.	Perform learnt skills with increasing control.  Compete against self and others

Year group	Subject area	Evaluate
Nursery		
Reception		Talk about what they have done. Talk about what others have done.
Year 1		Watch and describe performances. Begin to say how they could improve
Year 2		Watch and describe performances and use what they see to improve their own performance. Talk about the differences between their work and that of others.